

Remember
to
Breathe

My
holiness
blesses
you

I am willing
to see this
differently

I love you
I care about you
I forgive you
I release you
I pray that
something
wonderful
happens to you

I forgive you for not being the way I wanted you to be



I forgive myself for not being the way I wanted to be

I love you, I care about you : I love and care about myself

I forgive you : I forgive myself

I release you : I release myself

I pray that something wonderful happens to you :

I pray that something wonderful happens to me